

A: MENTAL INFLUENCE CLASSIFICATION EXERCISE

Twenty-five events involving mental influence transfer are presented here for the reader's analysis and classification. On page 124, I list the event numbers and the letter or letters of mental influence signal amplification that play key roles in the events. The general categories for signal amplification are: a) Connections of three or more b) Inanimate object mental influence c) People connections, or d) Proximal mental influence. Pick a, b, c, or d, or some combination thereof. Four points per question, a partial answer gets full credit.

1. On the way home from a trip, a woman reported thinking about a friend she had not spoken with in years. When she got home there was a message from the friend on her answer machine. While she did not know where the friend lived, she had hubbed through her city in an airplane that very day.
2. Steve Sabol from NFL films talked about thought patterns evolving all at once in the NFL in 2005. Instantly, he insisted, every team's slogan became: *Do what we do!* He was amazed at the extent to which this slogan immediately propagated. All players were saying it to one another on all teams. It was like a mantra as before every game players were saying it as if failing to do so would instantly erase all memory of what they did. Comparable to trends in computing and office jargon, high school trends, baby names and so on, pro football players have many things in common as well (sweat, grass, playbooks, lifestyles, gear). They have enough in common to facilitate the kind of simultaneous, collective conscious airwaves-propagated twist that Steve Sabol was able to catch on film.
3. A man received a call from a friend he had not spoken with in years. The man called the very moment the contributor was recording *over* a video of a trip they'd taken to Canada.
4. A young man went to the window of his apartment the moment a long time friend he had not seen in months walked by. Feeling drawn to the window, there she was, five floors below.
5. A reader reports: I have an astute and efficient connection with one particular character. I can tell when things change with his job or with his family. We have this solid connection because we've spent time together in the trenches teaching kids. We also know many of the same people and play the same sports.
6. A large group was at a celebration in a remote mansion in the woods when a lady sensed that a group of five particular people were trying to find their way there. She was told that she was mistaken, as they weren't arriving until much later. Minutes later however, they phoned. Having taken an early flight they were trying to find the mansion but got lost.
7. One man was owed money by another man. He'd lost the man's number and feared that he may never hear from him. He phoned a mutual friend who did not know the man's whereabouts. Moments later the man who owed him the money called.

8. I had an explicit premonition to read the book *Three Cups of Tea* while on the first 50 miles of a 900-mile road trip. It was a clear enough signal that I shopped and paid full price for the audio version. I listened to the book during the drive, which took me through the state of Montana. The premonition was key in relation to the book because while it was about schools in Pakistan, key points along the highway I drove, such as a monument to the author's father-in-law in Pocatello, Idaho, and the turn-off to Bozeman, Montana, were mentioned in the book.

9. While traveling to upstate New York for the 4th of July, a lady was desperate to buy fireworks. Though she'd made the trip a dozen times, somehow she got lost in Pennsylvania. She went 30 miles out of the way and found herself at the only fireworks stand in the area. In haphazardly following a trail of firework seekers, she had accomplished her goal.

10. A man's aunt came to mind. It was a strong enough premonition that he phoned her and left her a voice message thanking her for her generous help years before. He went to his mailbox that afternoon and found a rare personal letter from the very aunt in question.

11. Thanksgiving of 1994, a man was on his first trip to Las Vegas. He was with a friend with whom he had been a dorm advisor in 1988. Suddenly a girl who had been a fellow advisor came to mind. While the person facing the sudden and blaring remembrance had no history with this girl, his friend had taken a 3-day road trip with her. Meanwhile, the mental message was distinct enough to merit follow-through. Once home, he ran her down via their university's school directory, where he found her parent's number. He phoned them, got her number, called her up and unbeknownst to anyone he knew, she lived in Las Vegas and had been eating Thanksgiving dinner with her husband, two buildings away when she popped into his mind.

12. A girl was doing a crossword puzzle in the back seat of a station wagon. The question she pondered was about the lyrics from the song *America the Beautiful*. She was about to ask the group when out of the blue, the driver started singing: *God Bless America*. (The timing suggested that he had mixed up the mental signal, but was close in his interpretation.)

13. A man had a heavy premonition that he would soon hear the song *Time for Me to Fly* by REO Speedwagon. He couldn't get the song out of his head, which seemed absurd as none of his friends listened to such music. He logged the event however, and two days later as he was vacationing in rural North Dakota, a good friend made a surprise visit all the way from Toledo, Ohio. He pulled into their campground driving a rent-a-car. His wife had just purchased the CD, *Best of REO Speedwagon*, and the song *Time for Me to Fly* was blasting as they pulled up.

14. A woman reported facing a jolt of thirst at work. She rushed to her water bottle and it was empty. She then went to the office to pick one up. As the office was out as well, she decided that her premonition had been sparked in part, by the thoughts of others who, like her, had discovered that the whole building was out of water.

15. A man reported remembering that he had loaned a VCR to a friend five months before. The next day he called him. "About that VCR," he said, to which the friend answered, "Check your answer machine. I left you a message about that yesterday."

16. An acquaintance who had helped with a project popped into a man's mind. He needed her help for another project but didn't know how to contact her. A person who knew her well phoned that afternoon. He mentioned her name and this person replied, "I was just thinking about her."

17. A girl reports that she was folding fabric in downtown San Francisco. She'd been folding the patterns that started with the letter "E" all day and had been on the Emma pattern for an hour when it occurred to her that there was no Ella. There was an Ellington, Elliot, Ellie May, and so on. But the lack of an Ella seemed like a mistake, and she wondered why. She assumed the lack of the Ella pattern was significant because the latest baby she'd been around had been named Ella, and she'd been around Ella's mother when she was 4 months pregnant. It seemed likely that this was the source of her Ella fixation. The feeling however, told her there was something else. Ella she assumed, was a popular name in 2005. She thought this might be the reason the missing pattern seemed significant. That afternoon however, she left work early and boarded a plane and flew 2000 miles. The next day she met a longtime friend at a private graduation celebration. She was excited to see her and her newly adopted baby, whose name she did not know. She'd asked her own mother but she didn't know the baby's name either. While she'd been curious, she wasn't the least bit surprised to discover that the baby's name was Ella. (Also key, both mothers were the type of people who would want to buy a fabric called Ella.)

18. A girl thought about a professor friend she hadn't been in contact with for seven years. She was able to find his email in a directory and after a basic hello, her professor responded to her email with: "That's amazing, I just thought about you. You must have sent a psychic message!"

19. A man had a project and he needed the assistance of two people he did not personally know. He did know a person who knew these people, but did not have that person's contact information. After a few days of wondering how he would get the project done the man who knew the people called him out of the blue and blurted, "Not sure why I'm calling. What's up?"

20. A reader had weight lifting and teaching in common with Will, a man serving in the Army overseas. He had a premonition that he would run into Will the day before he ran into him, and Will had the same premonition. Their premonitions were solid enough that each had prepared questions for seeking teaching work in the Sacramento area. While Will had been in the Far East for 18 months, their unconscious minds arranged their meeting, and the day that Will arrived they ran into each other and compared notes.

21. Joe popped into Hal's mind. While Hal did not know Joe well, and had not seen him for close to a year, he had a business proposition for him and wondered how to contact him. The next day Hal ran into Joe at a post office in a city of 800,000 people.

22. Paula and Mick spent weeks trying to figure out why Brett was mad at Mick. They analyzed the events of the night that Brett had become angry, but couldn't figure it out. In the days that followed, Paula spoke with Brett's wife several times on the phone about the riff, but still did not know why Brett was mad. Weeks later Paula and Mick sat down with Brett's wife and suddenly, Mick remembered what had prompted the anger. He told the other two and they agreed that he was correct. In turn however, Paula felt that Mick had been holding out this critical information. This was not the case however, Mick insisted. He had figured it out because he was in the presence of Brett's wife, and their unconscious minds had combined to unravel the pertinent detail.

23. In the fall of 2005 a contributor found himself thinking about a kid he'd met in 2003 while camping. He couldn't remember the kid's name but he knew he was the brother of a good friend. He'd just spent a weekend with the brother and a classic electron friend, and they'd talked about that 2003 camping trip. A week later he asked the electron friend what the kid's name was, and he couldn't remember either. Later that week he checked an email account that he rarely used and found an email from the kid in question. It was written nine days before and it said: "I'm not sure why I'm emailing you, or who you are, but have a nice day."

24. A girl phoned a friend on July 14, 2005, at 1:35 p.m. It was the first time they had spoken in 11 months and the friend was amazed, as she was just filing a piece of paper upon which the girl had written her contact information.

25. Frieda popped into Bill's mind. While he had not thought about her in years, he called Claire to tell her and she said, "Frieda's with me right now."

Answers for *Mental Influence Classification* section:

1. c, d 2. a 3. b, c 4. c, d 5. a 6. c, d 7. c
8. b 9. b, c 10. b, c 11. c, d 12. c 13. c
14. a, b, c or d 15. b, c 16. c 17. a 18. c 19. c
20. a 21. c 22. c, d 23. a 24. b, c 25. c