

FOREWORD

BY DOUGLAS DABOONE JOHNSON

Mind reading is quackery. If it were possible, we'd be doing it all the time — Anonymous

Science on mental influence

People view my exploration of mental transfer with varying states of belief. Some read my accounts and chime in with examples. Others will not read at all. One gentleman stated, “I feel that there is not enough scientific evidence pertaining to this subject matter for me to proceed.”

The gentleman was partially right; there is little or no scientific evidence for or against the existence of mental influence transfer. The trouble with not considering that mental influence might exist is that brain theory is new, and we don't know what we are looking for. In fact, 95% of what we know about the chemical, physiological, and psychological functions of the brain has emerged in the last 20-25 years. More so, Author Shannon Moffett interviewed philosopher Daniel Dennett for the writing of her book, *The Three Pound Enigma* (2005). She wanted to know how close we were to understanding the brain. Dennett answered, “We don't even know the right questions to ask. At this point we're mapping out the very basic fundamentals. We are in fact, light-years away from understanding the brain.”

Nonetheless, the scientific community has long balked at those who say mental transfer is happening. Their concern is that it's

convenient to make claims that can neither be proven nor disproved and more importantly, are really hard to test.

The time will soon come however, when lab machines will be able to read thought waves. We'll realize that unfathomably small pieces of information are coming and going from our skulls in the form of electromagnetic waves, and when the circumstances are right, mental messages can be read.

This book has been written to help people navigate the world of thought waves that science will soon acknowledge. It's an introductory effort to help people navigate the situation that is.

Two camps

In writing this book, I've staked a flag on a piece of ground in between two camps of thought. One camp is the scientific community who knows that something is going on, but is unwilling to make guesses. The camp on the other side of me however, has long assumed mental transfer is happening, and many have ventured further with such thought. Alternate quantum realities, various states of consciousness, and dream travel, are just a few of the places some have gone with their pondering of the soul.

I agree with both sides. It is rude to make assertions that you can't prove. I also believe that there are magnificent things unfolding in the spiritual realm of the soul and states of consciousness that we can't begin to understand.

This book is neither about science, nor does it venture into areas where faith need apply. *Mental Influence* is an applied study of everyday events that can be explained by the transfer of electromagnetic waves among minds.

Some concerns

In writing this book, I've applied the scientific view of the State of Kansas. In Kansas, they call science the human activity of seeking natural explanations for what we observe in the world. That said, the mental influence transfer I describe in this book is a matter of physiological functionality like the beating of our hearts or the flexing of a muscle fiber. Like the heart, or the common

cold, which have only recently been well understood, I believe that some mental transfer is no more or less mystical than the 26-step activation cascade for the coagulation of blood. Our bodies are complicated, and the brain is perhaps the most enigmatic factor of the riddle that we happen to be.

My stance has concerned some who insist that I oversimplify the concept of consciousness, and I do apologize. There are in fact, too many unknowns to assume that our conscious is solely of electrical origin. (I readily admit that there is much going on that I do not address in this simple, introductory book.) I do speculate on how mental transfer correlates with the spiritual realm in the final section of this book. In that chapter I take a survey of the world's great religious manuscripts, including passages that describe abilities that are a lot like mental transfer.

My premise

In this book I focus on basic forms of mental influence that people experience, including impressions, mental messages, and premonitions. Beyond that, I classify and categorize mental transfer events—like a geologist distinguishes rocks.

While studying mental influence transfer I have lived with questions such as: How can one determine the source of a mental message? What strategies can one use to construct a repeatable experiment? Are mental messages mutual? Which people and what circumstances are the most likely to generate the phenomena of mental transfer? Why are some mental messages interpreted while others are not? Under what circumstances can we expect a mental message to be interpreted? And, how can we tell that information popping into our head is coming from outside of our mind— as opposed to being internally projected.

Again, this book is a beginning; it is a platform to test some of thousands of pages of circumstantial evidence in the form of documented anecdotal accounts that I've compiled. For those who wish to better understand the mental transfer that science will eventually acknowledge, I have tried to construct a guide.